

**Las Plumas Boys Basketball**  
**Billy Bowers - Head Coach**  
**Tyler Brandt - Junior Varsity Coach**  
**Aaron Dears - Freshman Coach**



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**LAS PLUMAS HIGH BASKETBALL**  
**Player/ Parent Contract**

It is the goal of the Las Plumas High Basketball program and its coaching staff to first and foremost: instill, teach, and model attributes that will help our student athletes become productive, well rounded, and successful members of society. It is our goal to develop young men capable of adapting to and overcoming adversity both on the basketball court, as well as later in life.

It is our belief that to achieve this, the following attributes must be taught and reinforced on a daily basis:

- **SELF-ESTEEM**, a young man needs to feel good about himself, as well as his contribution to the team.
- **CONFIDENCE**, the next step after self-esteem that allows a young man to take his contribution and display it with pride and without fear in front of others.
- **CHARACTER**, the will to win—what are you willing to give of yourself, how hard you are willing to work, what are you willing to do that is within the rules and the guidelines of good sportsmanship?
- **COMMITMENT**, taking the above attributes and committing to something larger than ones self i.e. The Team—while still being able to balance all areas of their lives.

We will never focus on winning, but instead on the attributes that make winners. Winning breeds success, and when enough individuals possess enough of the above attributes, and are willing to commit to the whole—winning will follow.

Finally, it is our philosophy that every student is capable of learning these attributes, and that it is our responsibility to teach them. It is also our philosophy that none of the above can take place without **discipline**, and therefore the following rules will be strictly enforced.

**TARDINESS**: A player is considered tardy when he fails to begin practice --or a scheduled meeting-- with the rest of his team without notifying a member of the coaching staff prior to his tardiness. Coaches will take into consideration excuses beyond the student's control and decide their legitimacy on a one on one basis.

### **Consequences of being late**

First tardy: Coaches discretion.

Second tardy: Coaches discretion.

Third tardy: Coaches discretion.

Fourth tardy: Player sits out the first half of that week's game.

Fifth tardy: Player is removed from team.

Note—Students who are tardy for academic reasons, and have a note from their instructor will not be subject to the above consequences.

### **ABSENCES**

Absences fall into two categories—excused and unexcused. An unexcused absence is when a player fails to attend school-- or attends school-- and fails to inform a member of the coaching staff of his missing practice or a scheduled meeting. This means that if a player leaves school for any reason, and fails to inform the coaching staff, he is considered unexcused. This also means that if a player fails to attend school and does not call and speak with, or leave a message for his coach, he is also considered unexcused. The only exception to this rule is when a player is sent home by school authorities for illness or emergency and does not have time to inform a coach. Excused is any time a player informs a coach—with a legitimate reason—prior to his missing practice or a scheduled meeting. Coaches will take into consideration excuses beyond a player's control and decide their legitimacy on a one on one basis.

### **Consequences for missing practices or a meeting.**

#### **Unexcused:**

First - Player sits out first quarter of that week's game.

Second - Player sits out first quarter of that week's game.

Third - Player is removed from team.

#### **Excused:**

First - Coach's discretion.

Second - Player is not allowed to start that week however, he may play as much as the coach sees fit after the first couple minutes.

### **Alcohol/Drugs**

Any player caught using alcohol/drugs at school or is arrested for the use of alcohol/drugs will be immediately removed from the team. Note- this also includes tobacco products.

**Fighting**

Any time a player is suspended for fighting the coaching staff will investigate to determine whether the incident was mutual combat and/or started by the player. The result of either of these will be removal from the team. If it's determined that the circumstances were beyond the player's control and the player acted in self-defense, the coaching staff will do everything in its power to stand by, and support its player.

**Behavior Detrimental to the Team**

Not doing as instructed or speaking negatively about the team, teammates or coaches will not be tolerated. The quickest way to tear something down is from the inside out. The coaching staff will first counsel any player in violation of this rule; a second violation of this rule will lead to the dismissal from the team. This includes negative use of social media, and conforming to game day dress code.

**Closed Practices**

All practices will be open to players, team managers, LP basketball coaches, and administration only.

**Grades & Probation**

You must be academically eligible to play as outlined in the athletic code. As a member of this team you will not be allowed forfeit using your academic probation in an effort to save it for another sport. If you grade falls below a 2.00 GPA you will continue playing out the season on academic probation.

**My Promise to You**

No coach will ever give up on any player who has earned the right to be part of the team. Every coach, at every level will strive to meet the needs of his players in all aspects of life, while continuing to model and instill the above attributes on a daily basis.

**Your Promise to Us**

You represent your teammates, coaches, school, and families and understand your actions are looked at as a direct reflection of all the above. This is why it is imperative that you learn to take responsibility for your own actions as well as their consequences. This includes meeting the requirements to remain on the team—following the above rules of citizenship and teamwork will ensure this, and a successful season for all.

I have read and agree to the policies and rules as outlined in the Las Plumas High Basketball Player/ Parent Contract.

**Athletes Name:** \_\_\_\_\_

**Parent or Legal Guardian Signature** \_\_\_\_\_

**Student Athletes Signature** \_\_\_\_\_