Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. This insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the following numbers.

- Medi-Cal for Children No Cost Health Coverage 1-800-880-5305
- Healthy Families Low Cost Coverage 1-800-880-5305
- CIF Myers-Stevens & Toohey & Co. 1-800-827-4695

You may also go to the main office at your school to pick-up an application for all three of the coverage’s mentioned above!